

Description:

Run Club will meet daily at 6am in the lobby of the Westin. Each day, a ~1hr run will be headed up by a designated Run Leader from the Carbon Management community. Each day will be a little different- along the river or over a bridge, maybe a coffee stop (bring a few \$). All paces welcome, headlamp/flashlight recommended.

Monday – Noah Deich (FECM)

Perpetual Olympic hopeful, Senior Advisor Deich runs a range of distances, all at near-record pace. Hurdles optional.

Tuesday – Tim Dixon (IEAGHG)

Tim enjoys runs with a theme, point of interest, and photo opportunity. He has run 25 marathons and is getting happily slower with each. He supports the Global Run for the Water fund-raising 10 mile run each November for fresh water projects in Burundi.

Wednesday – Melissa Batum (BOEM)

Fresh off her most recent Ironman in July, Melissa is a triathlete, who's best of the three sports is swimming. She also participates in various running races in an effort to improve her running, her worst of the three sports. She has completed triathlons of all distances between sprint and full Ironman. She also loves to volunteer at running and triathlon races.

Thursday – Dan Hancu (FECM)

The king of consistency, Dan is a daily runner who values running as a key tool for stress management. He's known for his sightseeing long runs around the world.

Friday – Gilly Rosen (FECM)

Gilly is a middle-of-the-pack runner who loves ultras and dabbles in triathlon. An avid traveler, she prefers a Runventure to a Race and has always prioritized a scenic photo op to a finish time. She volunteers as a guide for athletes with disabilities, getting visually impaired and mobility impaired athletes across their own finish lines for a variety of events ranging from triathlon, to trail races, to road marathons.